

Anthropometry Form Instructions
ANT, Version A, 09/25/2000
QxQ Date 02/23/2001

I. GENERAL INSTRUCTIONS

The Anthropometry (ANT) form is completed during the participant's baseline clinic visit to record the results of measuring height, weight, and waist and neck circumference. The technician must be certified and should have a working knowledge of the data entry procedures for electronic version forms and the document titled "General Instructions for Completing Paper Forms" prior to completing this form. ID Number, Contact Year, and Name should be completed as described in that document.

ANT is performed before the clinic snack and after offering the participant an opportunity to empty her/his bladder. See Table 11 and 12 in Manual 2: Cohort Procedures for instructions on how to convert to and from metric measures.

II. SPECIFIC INSTRUCTIONS

1. Be sure that the participant's head is in the Frankfort horizontal plane as described in Figure 1, Manual 2: Cohort Procedures. Record the height to the nearest centimeter using leading zeroes if necessary.
2. Weight is taken with minimal clothing. Record results to the nearest kilogram.
3. Girth measurements are to be taken against the skin or over light weight non-constricting underwear.
 - 3a. (Waist) Place the tape horizontally at the level of the umbilicus (navel) as depicted in Figure 2, Manual 2: Cohort Procedures. Record the results to the nearest centimeter, rounding down.
 - 3b. (Neck) The objective here is to measure the maximal circumference of the neck. Refer to the anatomic figure, Figure 1, in Manual 2: Cohort Procedures, for proper placement of the measuring tape. Keep the measuring tape horizontal throughout the procedure. Record the results to the nearest centimeter, rounding down.

Administrative Information

4. Enter the date on which the participant was seen in the clinic.

5. Record "C" if the form was completed on the computerized data entry system, or "P" if the paper form was used. If the form was completed partially on paper and partially on the computer, code as "Paper Form."
6. Enter the 3 digit JHS code for the person at the clinic completing this form must enter her/his code number in the boxes provided.