

## Codebook for paca Dataset

DATA SET: paca LABEL: DATE CREATED: 07OCT15:10:54:18  
 Number of Observations: 5301  
 Number of Variables: 44  
 Organization of file: Summary of JHS Participants (SUBJID)

Variable Name	Variable Label (VAR)	VAR Type	VAR Format	VAR Length	Mean	Range of Values	Frequency Category	Frequency	Percent
SUBJID	PARTICIPANT ANALYSIS ID	Char	\$	7		-			
VISIT	CONTACT OCCASION	Num		8	1	1.00-1.00		5301	100.00
PACA1	1: # minutes walk or run	Char	\$PACA1V	1		-		4	0.08
						A	A. Less than 5 minutes	2498	47.12
						B	B. At least 5 but less than 15 minutes	916	17.28
						C	C. At least 15 but less than 30 minutes	763	14.39
						D	D. At least 30 but less than 45 minutes	446	8.41
						E	E. At least 45 minutes	674	12.71
PACA2	2: # city blocks walk each day	Char	\$PACA2V	1		-		6	0.11
						A	A. Less than 5 blocks	3996	75.38
						B	B. At least 5 but less than 10 blocks	732	13.81
						C	C. At least 10 but less than 15 blocks	296	5.58
						D	D. At least 15 but less than 20 blocks	124	2.34
						E	E. More than 20 blocks	147	2.77
PACA3	3: Leisure time: often walk 15 min.	Char	\$PACAR3V	1		-		3	0.06
						A	A. Less than once a month	2386	45.01
						B	B. Once a month	266	5.02
						C	C. 2-3 times a month	449	8.47
						D	D. Once a week	509	9.60
						E	E. More than once a week	1688	31.84
PACA4	4: Leisure time: often bike 15 min.	Char	\$PACAR3V	1		-		5	0.09
						A	A. Less than once a month	4861	91.70

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						B	B. Once a month	72	1.36
						C	C. 2-3 times a month	88	1.66
						D	D. Once a week	62	1.17
						E	E. More than once a week	213	4.02
PACA5	5: Leisure time: often sweat exertion	Char	\$PACAR3V	1		-		8	0.15
						A	A. Less than once a month	2533	47.78
						B	B. Once a month	208	3.92
						C	C. 2-3 times a month	396	7.47
						D	D. Once a week	451	8.51
						E	E. More than once a week	1705	32.16
PACA6	6: Past year: often watch tv	Char	\$PACA6V	1		-		7	0.13
						A	A. Less than 1 hour a week	161	3.04
						B	B. At least 1 hour a week but less than 7 hours a week	553	10.43
						C	C. At least 1 hour a day but less than 2 hours a day	786	14.83
						D	D. At least 2 hours a day but less than 4 hours a day	1790	33.77
						E	E. 4 or more hours a day	2004	37.80
PACA7	7: Past year: phy. Exercise 20 min.	Num		8	1.39688249	0.00-7.00		5004	94.40
PACA8	8: Past year: work for pay/volunteer	Char	\$JH_YNV	1		-		17	0.32
						N	No	1669	31.48
						Y	Yes	3615	68.19
PACA9	9: Work comparable to others your age	Char	\$PACA9V	1		-		1681	31.71
						A	A. Much lighter	590	11.13
						B	B. Lighter	1214	22.90

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						C	C. The same as	1098	20.71
						D	D. Heavier	518	9.77
						E	E. Much heavier	200	3.77
PACA10	10: After work physically tired	Char	\$PACAR6V	1		-		1680	31.69
						A	A. Never	734	13.85
						B	B. Seldom	662	12.49
						C	C. Sometimes	1498	28.26
						D	D. Often	417	7.87
						E	E. Always	310	5.85
PACA11A	11a: Working: how often sit	Char	\$PACAR6V	1		-		1676	31.62
						A	A. Never	249	4.70
						B	B. Seldom	774	14.60
						C	C. Sometimes	1035	19.52
						D	D. Often	1109	20.92
						E	E. Always	458	8.64
PACA11B	11b: Working: how often stand	Char	\$PACAR6V	1		-		1680	31.69
						A	A. Never	60	1.13
						B	B. Seldom	523	9.87
						C	C. Sometimes	1197	22.58
						D	D. Often	1234	23.28
						E	E. Always	607	11.45
PACA11C	11c: Working: how often walk	Char	\$PACAR6V	1		-		1678	31.65
						A	A. Never	57	1.08
						B	B. Seldom	443	8.36
						C	C. Sometimes	1110	20.94
						D	D. Often	1311	24.73

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Variable Name	Variable Label (VAR)	VAR Type	VAR Format	VAR Length	Mean	Range of Values	Frequency Category	Frequency	Percent
						E	E. Always	702	13.24
PACA11D	11d: Working: how often lift heavy loads	Char	\$PACAR6V	1		-		1663	31.37
						A	A. Never	1638	30.90
						B	B. Seldom	938	17.69
						C	C. Sometimes	654	12.34
						D	D. Often	281	5.30
						E	E. Always	127	2.40
PACA11E	11e: Working: how often sweat from ext.	Char	\$PACAR6V	1		-		1663	31.37
						A	A. Never	1582	29.84
						B	B. Seldom	729	13.75
						C	C. Sometimes	715	13.49
						D	D. Often	330	6.23
						E	E. Always	282	5.32
PACA12	12: Time caring for others(child/elderly)	Char	\$PACA12V	1		-		16	0.30
						A	A. Less than 1 hour per week	3281	61.89
						B	B. At least 1 but less than 20 hours per week	952	17.96
						C	C. More than 20 hours per week	1052	19.85
PACA13	13: Past year: time spent cooking/cleaning	Char	\$PACA13V	1		-		16	0.30
						A	A. Less than 1/2 hour per day	1152	21.73
						B	B. At least 1/2 hour but less than 1 hour per day	1021	19.26
						C	C. At least 1 hour but less than 1 1/2 hours per day	1160	21.88
						D	D. At least 1 1/2 hours but less than 2 hours per day	722	13.62
						E	E. 2 or more hours per day	1230	23.20

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PACA14	14: Past year: time spent major cleaning	Char	\$PACAR3V	1		-		13	0.25
						A	A. Less than once a month	2606	49.16
						B	B. Once a month	746	14.07
						C	C. 2-3 times a month	799	15.07
						D	D. Once a week	702	13.24
						E	E. More than once a week	435	8.21
PACA15	15: Past year: time spent routine cleaning	Char	\$PACAR3V	1		-		16	0.30
						A	A. Less than once a month	569	10.73
						B	B. Once a month	211	3.98
						C	C. 2-3 times a month	565	10.66
						D	D. Once a week	1780	33.58
						E	E. More than once a week	2160	40.75
PACA16	16: Past year: time spent doing yard work	Char	\$PACAR3V	1		-		15	0.28
						A	A. Less than once a month	2711	51.14
						B	B. Once a month	385	7.26
						C	C. 2-3 times a month	730	13.77
						D	D. Once a week	907	17.11
						E	E. More than once a week	553	10.43
PACA17	17: Past year: time spent hvvy. outdoor work	Char	\$PACAR3V	1		-		13	0.25
						A	A. Less than once a month	4717	88.98
						B	B. Once a month	208	3.92
						C	C. 2-3 times a month	142	2.68
						D	D. Once a week	112	2.11
						E	E. More than once a week	109	2.06

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PACA18	18: Past year: time spent major home décor	Char	\$PACAR3V	1		-		17	0.32
						A	A. Less than once a month	4652	87.76
						B	B. Once a month	322	6.07
						C	C. 2-3 times a month	138	2.60
						D	D. Once a week	71	1.34
						E	E. More than once a week	101	1.91
PACA19	19: Past year: participate in activities	Char	\$JH_YNV	1		-		32	0.60
						N	No	2502	47.20
						Y	Yes	2767	52.20
PACA20	20: Past year: often play sports/exercise	Char	\$PACA20V	20		-		2539	47.90
						A	A. Never or less than once a month	151	2.85
						B	B. Once a month	141	2.66
						C	C. 2-3 times a month	235	4.43
						D	D. Once a week	270	5.09
						E	E. More than once a week	1965	37.07
PACA21A	21a: Activity on code list	Char	\$JH_YNV	1		-		2544	47.99
						N	No	81	1.53
						Y	Yes	2676	50.48
PACA21B	21b: Frequent sport/exercise code	Num		8	12.5469572	1.00-39.00		2662	50.22
PACA21C	21c: Activity not coded, specify	Char	\$	40		-			
PACA22	22: # months do activity	Char	\$PACARAV	1		-		2537	47.86
						A	A. Less than one month	117	2.21
						B	B. 1 to 3 months	399	7.53

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						C	C. 4 to 6 months	541	10.21
						D	D. 7 to 9 months	363	6.85
						E	E. More than 9 months	1344	25.35
PACA23	23: #hours/wk. do activity	Char	\$PACARBV	1		-		2538	47.88
						A	A. Less than 1 hour	551	10.39
						B	B. At least 1 but less than 2 hours	867	16.36
						C	C. At least 2 but less than 3 hours	427	8.06
						D	D. At least 3 but less than 4 hours	330	6.23
						E	E. 4 or more hours	588	11.09
PACA24A	24a: Activity on code list	Char	\$JH_YNV	1		-		4029	76.00
						N	No	51	0.96
						Y	Yes	1221	23.03
PACA24B	24b: Second most frequent sport/exercise	Num		8	13.5721393	1.00-39.00		1206	22.75
PACA24C	24c: Activity not coded, specify	Char	\$	40		-		5259	99.21
						013		1	0.02
						AB ROLLER		1	0.02
						BASEBALL		2	0.04
						CARDIO GUILD		1	0.02
						CARDIO TRAINING		1	0.02
						ELEPITCAL		1	0.02
						FISHING		8	0.15
						FOOTBALL		3	0.06
						GLIDER		1	0.02
						H2O AEROBICS		1	0.02

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						HUNTING		4	0.08
						LEG PRESSOR		1	0.02
						REHAD EXERCISES		1	0.02
						SIT UPS		2	0.04
						SITTING AEROBICS		1	0.02
						SPINNING		1	0.02
						STEP CLASSES		1	0.02
						STEPPER		1	0.02
						STRENGTHING EXERCISE		1	0.02
						UMPIRE FOR BASEBALL GAME		1	0.02
						WATE AEROBICS		1	0.02
						WATER AEROBICS		5	0.09
						WORK OUT FROM AEROBICS		1	0.02
						WORKOUT TAPE		1	0.02
PACA25	25: # months do activity	Char	\$PACARAV	1		-		4036	76.14
						A	A. Less than one month	106	2.00
						B	B. 1 to 3 months	370	6.98
						C	C. 4 to 6 months	299	5.64
						D	D. 7 to 9 months	130	2.45
						E	E. More than 9 months	360	6.79
PACA26	26: #hours/wk. do activity	Char	\$PACARBV	1		-		4036	76.14
						A	A. Less than 1 hour	349	6.58
						B	B. At least 1 but less than 2 hours	403	7.60
						C	C. At least 2 but less than 3 hours	213	4.02
						D	D. At least 3 but less than 4 hours	130	2.45
						E	E. 4 or more hours	170	3.21



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PACA27A	27a: Activity on code list	Char	\$JH_YNV	1		-		4627	87.29
						N	No	29	0.55
						Y	Yes	645	12.17
PACA27B	27b: 3rd most frequent sport/exercise code	Num		8	14.8164852	1.00-40.00		643	12.13
PACA27C	27c: Activity not coded, specify	Char	\$	40		-		5281	99.62
						AB EXERCISE MACHINE		1	0.02
						ARM AND LEG EXERCISE		1	0.02
						ARM EXERCISE		1	0.02
						BASKETBALL/FOOTBALL GAME OFFICIAL		1	0.02
						CHAIR CLASSES SITTING		1	0.02
						CHRONIC FATIGUE & FIBROMYALGIA GROUP		1	0.02
						CRUNCHES		1	0.02
						DRUMMING		1	0.02
						FISHING		1	0.02
						FLAG FOOTBALL		1	0.02
						FOOTBALL		2	0.04
						GARDENING		1	0.02
						LOW IMPACT EXERCISE		1	0.02
						PHYSICAL THERAPY		1	0.02
						PUSH UPS		1	0.02
						SIT UPS		1	0.02
						STEP		1	0.02
						WATER AEROBICS		2	0.04
PACA28	28: # months do activity	Char	\$PACARAV	1		-		4632	87.38
						A	A. Less than one month	98	1.85

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						B	B. 1 to 3 months	246	4.64
						C	C. 4 to 6 months	131	2.47
						D	D. 7 to 9 months	53	1.00
						E	E. More than 9 months	141	2.66
PACA29	29: # hours do activity	Char	\$PACARBV	1		-		4633	87.40
						A	A. Less than 1 hour	249	4.70
						B	B. At least 1 but less than 2 hours	194	3.66
						C	C. At least 2 but less than 3 hours	106	2.00
						D	D. At least 3 but less than 4 hours	53	1.00
						E	E. 4 or more hours	66	1.25
PACA30	30: Recreation act. Comparable to others	Char	\$PACA30V	1		-		1922	36.26
						A	A. Much less	354	6.68
						B	B. Less	791	14.92
						C	C. Same as	1141	21.52
						D	D. More	807	15.22
						E	E. Much more	286	5.40
PACA32	32: Code of person completing form	Char	\$	3		01		1	0.02
						25		1	0.02
						201		1	0.02
						207		714	13.47
						208		470	8.87
						209		643	12.13
						210		771	14.54
						211		373	7.04
						212		9	0.17

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						222		533	10.05
						223		41	0.77
						241		29	0.55
						250		418	7.89
						251		519	9.79
						252		20	0.38
						255		454	8.56
						259		1	0.02
						262		303	5.72