

3. Do you have wireless internet ("wi-fi") in your home?

Yes

No →

B. EMAIL

4. Do you use email?

Yes

No →

5. Can you... (check all that apply)

Read new emails?

Use the reply feature?

Send an email?

Open a file attached to an email?

C. CELL PHONES

6. Do you use a cell phone?

Yes

No →

7. Some cell phones are called "smartphones" because of certain features they have. Is your cell phone a smartphone, such as an iPhone, Android?

Yes

No →

8. What type of smart phone do you use? (check all that apply)

- iPhone
- Android-based phone (e.g. Samsung, HTC, Google, Motorola, LG)
- Other (describe below)

8a. Please describe OTHER cell phone:

9. Please tell us if you ever use your cell phone to do any of the following things:
(check all that apply)

- Send or receive email
- Send or receive text messages
- Take a picture
- Access the internet
- None of the above

10. On your phone, do you have any software applications or "apps" that help you track or manage your health?

Yes

No → GO TO QUESTION 12

11. Health apps you currently have on your phone... (check all that apply)

- Exercise, fitness, pedometer or heart rate monitor (includes specific types of exercise like running, workouts, yoga, etc.)
- Diet, food, calorie counter
- Weight
- Blood pressure
- Blood sugar or diabetes
- Medication management (tracking, alerts, etc.)
- Mood
- Sleep
- Other (describe below)

11a. Please describe OTHER "apps" you are using for health

D. DEVICES

12. Do you use any of the following devices?

(Computer, Tablet computer, Game console, E-book reader, Smartwatch (e.g. Apple, Motorola, Samsung, etc.), Physical activity tracker (e.g: FitBit, Garmin, Misfit, etc.)

Yes

No →

GO TO QUESTION 13

12a. If yes please continue (check all that apply)

- Computer
- Tablet computer
- Game console
- E-book reader
- Smartwatch (e.g. Apple, Motorola, Samsung, etc.)
- Physical activity tracker (e.g: FitBit, Garmin, Misfit etc.)

E. GAMES

13. Do you play games on your device?

Yes

No → **GO TO QUESTION 14**

13a. What do you play most games on? (check all that apply)

- Computer
- Tablet
- Smartphone
- Video game console
- Other (describe below)

13b. Please describe OTHER devices _____

14. If we were to develop an electronic Jackson Heart Study mobile application (eJHS app), which would ask health questions periodically, would you be interested in using it?

Yes

No

Not sure/maybe

F. DIGITAL HEALTH TECHNOLOGY

15. Do you use any digital health technology, which store health readings digitally?

Yes

No → **GO TO QUESTION 16**

(Digital blood pressure cuff (e.g. Omron, Rite Aid, A&D Medical, etc.)

Digital glucometer (e.g. FreeStyle, Bayer, True Metrix, Accu Check, etc.)

Digital scale (e.g. Taylor, Tanita, Escali, Weight Watchers, etc.)

Other? Please specify

15a. If yes please continue (check all that apply)

- Digital blood pressure cuff (e.g. Omron, Rite Aid, A&D Medical, etc.)
- Digital glucometer (e.g. FreeStyle, Bayer, True Metrix, Accu Check, etc.)
- Digital scale (e.g. Taylor, Tanita, Weight Watchers, etc.)
- Other? Please specify

15b. Please describe OTHER digital health technology _____

F. SOCIAL NETWORKS

16. Do you use a social network to keep in touch with friends and family?

Yes

No → **GO TO QUESTION 17**

Prefer not to answer → **GO TO QUESTION 17**

16a. What social networks do you use? (check all that apply)

- Facebook
- LinkedIn
- Google Plus
- Twitter
- Other (describe below)

16b. Please describe OTHER social networks that you are using:

H. CONTACT INFORMATION

17. May we please have your updated email address where you would prefer to be contacted by the Jackson Heart Study: _____

18. Will you please list your _____
cell phone?

19. Date Survey Completed _____