

CHRONIC BURDEN FORM INSTRUCTIONS
CBF VERSION A: 02/10/2009
QxQ Prepared: 02/12/2009

I. GENERAL INSTRUCTIONS

The Chronic Burden Form (CBR) is administered by trained interviewers during the flexible component of the Exam 3 clinic visit. This questionnaire measures psychosocial characteristics that may be important to understanding the causes of cardiovascular diseases. The technician should be familiar with the data entry procedures for electronic form versions and understand the document entitled "General Instructions for Completing Paper Forms" prior to completing this form. ID Number, Contact Year and Name should be completed as described in that document. Initiate the form by reading the script at the beginning of the form as it is printed.

II. SPECIFIC INSTRUCTIONS

The questions in section A corresponds to a scale designed to measure general quality of life. This section begins with a general statement "*Many people experience ongoing problems in their everyday lives. Please tell us whether any of the following has been a problem for you.*"

For each question in part A the participant is asked whether s/he has experienced the problem or situation identified ("yes" or "no"). If the participant answers "yes", then the participant is asked to indicate in part B whether the difficulty lasted for six months or longer ("yes" or "no") and in part C whether s/he would say the problem has been "Not very stressful", "Moderately stressful", or "Very stressful". If the answer is "no" for any questions in part A the interviewer will follow the skip patterns.

III. ADMINISTRATIVE

Q6. Enter the date that data was collected

Q7. Enter whether data was collected using paper form or entered into computer.

Q8. Enter the code of the person completing the form.